



Patient education is an integral part of health care delivery across medical centers in developed countries thus encouraging active patient participation and ensuring far better compliance and patient satisfaction.

It was this very dream that inspired Dr. Aniruddha and Dr. Anjali Malpani, who founded HELP in 1997, with a dream to make each and every individual in this country aware of his rights and responsibilities as a patient, of ways people could reduce the burden of health care expenses by planning and educating themselves "before" a serious medical problem could strike their family, and how doctors and patients could join hands to achieve health for all.

What started as a resource center eleven years back, with a modest collection of material on patient education, in their day care center at Om Chambers, has grown into India's only largest patient education center housing more than 11,000 authentic books on possibly every aspect of health and diseases, along with pamphlets, health care magazines, and an exhaustive audiovisual section too.

HELP is now focusing on providing evidence based and researched health information online through discounted subscriptions for Indian doctors to [MD Consult – an online medical library](#) consisting of full text books and full text journals besides patient education material and articles from North America clinics. Our [daily health talks](#) are recorded and uploaded on our website for the benefit of those who are unable to attend. The Patient Community@HELP meets each month to discuss issues relating to patients getting better medical care for themselves including topics on patient safety. Outreach plans include going across to meet patients and talking to them about their rights and responsibility. Through our online service '[Ask a Health Expert](#)' and [Health Articles Database](#) we provide information on health problems.

HELP was also documented to be the world's largest Free library on consumer health information in the Limca book of records. State of the art infertility specialists to the world, Founders and visionaries for HELP, our Medical Directors have paved the path for the new "patient-centric health care" revolution in India.

ICHA and HELP have collaborated to strengthen "Patients for Patient Safety".

Patients and Carers (their family / relatives who take care of them) have an important role to play in ensuring safe, effective care and desirable outcomes.

HELP shall endeavour to strengthen this much desired area.



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